bodytone

SOLID GROW



SG51

BELT SQUAT

SOLIDGROW

Solid Grow is our strong line designed for comfort and functionality from structural minimalism. Perfect for saving space and greater user freedom. Discover all the news





Convergent independent motion





Platforms and footrests non-slip



Adjustable seats at different heights



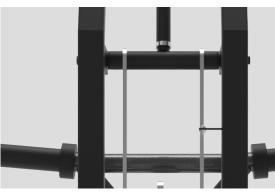
Rubber bumpers in the bases



Upholstered on foam high density polyurethane











* Discs not included.

SG51

EXERCICE

Perform belt squats to strengthen the gluteus.

DIMENSIONS

1615 x 1250 x 1032 mm 63.6 x 49.2 x 40.6 in

WEIGHT

77.5 kg 170.9 lbs

WEIGHT CAPACITY

150 kg 330.7 lbs



STRUCTURE

76 x 51 mm steel tube and 51 x 51 mm for moving parts, welded using a robotic process and free of projections. 6 mm structural connection plates for an extra rigid connection.

MAXIMUM USER WEIGHT

150ka

MAXIMUM WEIGHT LOAD

Supports Olympic plates up to a limit of 150 kg (75 kg per arm).

DISC SUPPORT

Steel tube covered with PVC sheath, increasing durability.
Tube measures 250 mm.

DISC STORAGE SUPPORT

Extra double support for disc storage.

BEARINGS

SKF double bearing of 52 mm diameter x 15 mm housed in a closed anti-play bushing, ensuring a constant direction of movement.

AXES

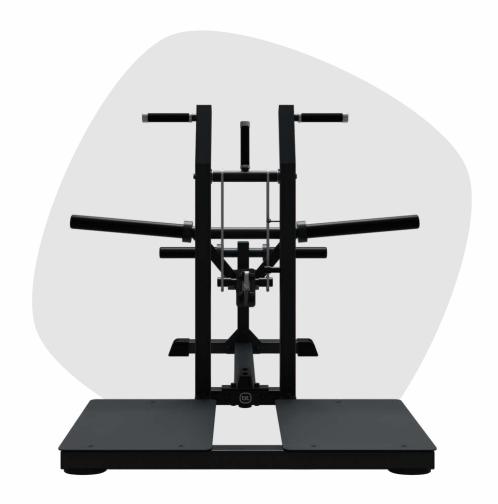
Made of calibrated steel 25 mm thick.

FOOT PLATFORM

Non-slip platform measuring 70 x 62 cm

GRIPS

Made of 36 mm diameter x 350 mm steel tube, with a non-slip PVC cover and aluminum trims.



SECURITY SUPPORT

With recoil spring to facilitate the performance of the exercise.

BELT

Belt with chain included.

BASES

Manufactured in technopolymer injection, ultra resistant and non-slip. Screwed to the ground.

HARDWARE

M10 and hardness of 8.8

MAINTENANCE AND LUBRICATION

Biweekly maintenance. Lubrication of seatposts, guides, bearings and pop pin. Cleaning upholstery with a damp cloth.

PAINTING PROCESS

3 coats of paint.

Pickled and stabilized steel by total immersion of the parts in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Antioxidant primer to ensure adequate isolation of internal oxidation and good adhesion of the paint. 2 final coats of epoxy polyester powder paint, dried at 240°C.

DESIGN PROCESS

Study of biomechanics and ergonomics under the supervision of associated professionals and athletes. After a long design period; from the sketch, engineering research, prototype production, test by professional athletes our products come onto the market.

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